

## Next Community Meeting

Monday 11th October  
7.30pm at the  
Community Centre

## Annual General Meeting

Monday 8th November  
7.30pm at the  
Community Centre

## SINGLETON RESIDENTS ASSOCIATION

President - Morris Kinley  
kinleyassociates5@bigpond.com

Vice President - Debbie Hunt  
huntsix@bigpond.com

Secretary - Morris Kinley  
kinleyassociates5@bigpond.com

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snooze9@bigpond.com

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Committee Member (Editor) -  
Natalie Lees  
singleton.editor@gmail.com

Committee Member - Dolores Watson  
dolores.watson@bigpond.com.au

**If you would like to contact anyone regarding the SRA, please use the emails above or call 0434 854 400**

## President's Pen



**Hello again Singleton,**

**Wow - our little community well and truly showed its passion at our last SRA meeting, it was standing room only, and it was great to see so many turn up.**

The main reason for the good turnout was the very visible missing portion of the walk/ride pathway along Mandurah Road. Most had come along to hear why the path was still incomplete and what plans the City of Rockingham had for its completion. Unfortunately, many left the meeting disappointed; the outcome on the night was not as positive as they had wanted or hoped for. On the other hand, for the SRA as a vehicle to express opinion, the night was great positive - it showed just how important such a vehicle is and just what can be made possible when a community gets together to have its say on matters that affect it.

No, we did not get a commitment to complete the pathway along Manduarah Road this year and there are a couple of good reasons for that - one reason is money, it always takes time for Councils to obtain funds and to then plan for the work - the other reason is that community support for this particular path was late in being voiced. On many occasions over the past few years the views of the Singleton community (including in regard to footpaths) have been sought by the SRA, via a survey, via its Newsletter, via its webpage and via email, and the majority wish of all those

who responded helped Council in its planning and prioritizing of community works. The point here is that it could just have easily been the pathway along Mandurah Road being carried out this year rather than paths elsewhere in Singleton, all it needed was timely action so that Council could heed the voice. This is the primary purpose of the SRA, and our last meeting showed just how many do care what happens and just how well a loud voice can work, but we need to shout at the right time. Singleton still needs things to be done, so the voice still needs to be heard.

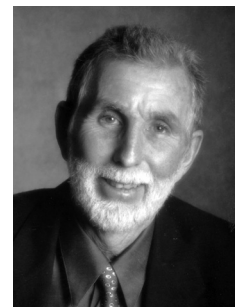
The current plan for the unfinished pathway is for completion in the 2013/14 financial year. Council did offer to complete the path later this fiscal year, but only if Singleton was prepared to forgo paths along Harmony Parade and Wenn Street already budgeted for this year. The majority and proper decision of SRA members on the night was against taking up that offer as it would have been against the wishes of all those who saw other path priorities on earlier occasions.

The path must now be completed as soon as possible and Council representatives did undertake to try to obtain additional funds so as to bring forward its completion, the SRA will monitor things and keep you informed of progress.

Bye, till next Month.

**Morris Kinley**

# Singleton Update from Cr. Brian Warner...



## Landscape Evaluation Consultation

The date for the Landscape Evaluation (the hills adjoining Mandurah Road) mentioned at the last Residents meeting had to be postponed. Residents should soon be receiving a notification through the letter box of the new date of the consultation, which will take place at the Coastal Community Centre, Golden Bay.

## Climate Change and the Impact on Sporting Facilities

Whether climate change is fact or fantasy we do have to acknowledge that decrease in rainfall has had an impact on sporting reserves. A recent seminar held in Mandurah by the Department of Sport and Recreation discussed the reality of our change in climate.

Without going into too much detail we can see from recent records that rainfall in W.A (especially the lower half) has been below average for a long time, and with this reduced rainfall together, with increased evaporation, local governments have had to rely more on increased irrigation of sports grounds and public open spaces, with the

corresponding costs, as water becomes an expensive commodity.

Without maintaining this irrigation there is a reduced playing surface quality on the sports field with the incidence of more injury to players. With the possibility of higher (forecast) temperatures it may be that summer day time events may have to be rescheduled to evening and night.

There will also be the higher demands for local government to either fund or seek funding for additional sports field lighting and air-conditioned indoor facilities.

Whether it is “fact or fantasy”, climate change may bring on more frequent and extreme events such as storms, floods, fires, cyclones and drought.

‘til next time, take care

**Brian Warner**

Phone 9537 1993

Fax 9537 2947

Mobile 0428 929 280

Email [bwarn@rockingham.wa.gov.au](mailto:bwarn@rockingham.wa.gov.au)

## Roadwise News

Submitted by Edna Mather

### COMPULSORY BIKE HELMETS QUESTIONED

A study of bicycle-related injuries has re-ignited the debate over Australia’s mandatory helmet laws. “It showed the biggest drop in head injuries among bike riders occurred before helmet use was required by Law” said Associate Professor Chris Rissel from the University of Sydney’s School of Public Health. Subsequent reductions in head injuries have occurred at a much lower rate and are not of the magnitude you’d expect from making all cyclists wear a helmet.” Dr Rissel said.

“Findings suggest the greatest reduction in head injuries come from road improvement safety measures introduced prior to 1991, such as lower speed limits, random breath-

testing and intensive road safety advertising.”

The research, which looked at cyclist injury rates from 1988 to 2008, is published in the latest Journal of the Australasian College of Road Safety.

Head injuries from cycle accidents were seen to decrease across all age groups during the data collection period and they are now outnumbered by arm injuries. Dr Rissel said the research showed the importance of ongoing helmet use by riders under the age of 15, as these younger riders suffered about half the head injuries reported in the study.

But the case for continued mandatory helmet wearing for adults was “questionable”, as the requirement could act as a hurdle to

encouraging more bike use.

Dr Rissel says policy-makers should consider the health and environmental benefits of more people cycling, and work to remove the many barriers to riding a bike.

“Wearing a helmet is still recommended, but you don’t really need one if you’re just riding in a park or going to the shops for some milk” he said.

The research was conducted along with Dr Alex Voukelatos who recently completed his PhD at the University of Sydney.



# Singleton Primary School News

## Student Councillors

### Semester Two 2010

The Student Council candidates have had a busy few weeks preparing their policies, making election posters, campaigning and presenting their speeches to an audience of Year 5-7 students.

Elections were held on August 11 and all nominees were a credit to themselves and to the School.

Congratulations to the following Year 6 and 7 students on being elected as Student Councillors for Semester Two - Oliver Clare, Fynlay Howell, Paige Gale, Michaela Ward, Caitlin Becsi, Brodie Patroni, Bradley Townsend and Darian Collins.

These Councillors will work with and be supported by our Head Boy Lawrence Cunnane and Head Girl Claudia Bailey.

Thank you to our outgoing Councillors, Tayla Deters, Kasey Miegel, Shaylee Campbell, Chevall Nicholls, Courtney Cummins, Matt Sheehan, Adam Hankin and Jakob Joyce. Your support with School Assemblies, our ANZAC Service, fundraising initiatives and leadership duties at Singleton Primary have been greatly appreciated.

## Sports Update

Over the past two weeks, students have participated in the Comet Bay School Sports Association's Cross-Country Carnival and the State Cross-Country Championships. Congratulations to all who participated and represented

the School with such pride and sportsmanship. For the second year in a row, Singleton took out the CHAMPION SCHOOL SHIELD in the Comet Bay event, and produced a number of individual Champions and Runners-up. Well done to everyone!

At the State Event, all of the Students performed well and Singleton came 17th as a School, from some 70 participating Schools. However, one impressive incident involving our Year 5 girls displayed exemplary Sportsmanship. Unfortunately, they had missed the start of their event, but did not hesitate when offered the opportunity to compete in the Year 6 event. During this race, a competitor from another School became distressed, so two Singleton girls - Shelby Ward and Madison Kent - abandoned their ambitions in the race, to stay with the girl and assist her until help arrived. This was true Sportsmanship in action and these two girls are to be congratulated.

Now our Sporting focus moves to Athletics and our Faction Carnival to be held on Wednesday of Week Ten (Sept 22). Parents are busily helping their children to prepare for this event.

Warmest Congratulations to Tayla Deters and Kasey Miegel on their selection in the State Under-14 Basketball Team.

## Cyber Safety

Management of Student use of communications technology is receiving a lot of Media attention,

particularly with the work being done by Psychologists such as Michael Carr-Gregg in the headlines. It is an issue that has the potential to seriously impact on the lives of adolescents, whose self-image can be quite fragile during the upper primary and teenage years. Every so often this School experiences an incident where this technology has been mis-used, and a Student becomes a victim. The only means of combating this is by teachers and parents working with students on strategies for the appropriate use of this technology. One thing Carr-Gregg emphasises is for the need for parents to closely monitor the use of computers and mobile phones in the home. This can only be supported by saying if you allow your Primary-aged children to use facilities such as Facebook or MSN without close supervision, you are opening Pandora's Box. The School Principal is always ready to speak with any parent who has concerns about this, but if you want to adequately equip yourself with all of the relevant information, Google Michael Carr-Gregg.

## Kindy/Pre-Primary Enrolments 2011

Enrolment in these programs closed on July 30. A large number of Kindy and pre-primary children have already enrolled, so our classes for next year will be based on these numbers. Any child enrolled after July 30 cut-off will be placed on a waiting list.

## New Singleton Website

**The SRA has recently commissioned the building of a new website for the community of Singleton - go here to have a look - <http://www.singletonwa.com/>**

The website is designed for the whole community and includes all of the social organisations in Singleton. The building of the website is ongoing and the SRA welcomes comments from the community as to what might be considered for inclusion. Please notify the web administrator of any additional pages that may need to be created.

The front page of the website is designed to act as a blog page so that the SRA can receive feedback from the

community. How does the community respond to these blog posts? You must be registered initially and then logged in to respond and have your own say. We will be letting you know in the next edition of this newsletter how to register.

Feedback is welcome which can be sent to the web administrator via the contact us page on the site or direct to any of the SRA committee members (see about us page).

Enjoy!

**Ken Bird**  
Web Administrator

## Permanent Sunday Trading Survey

Date Published: 17/08/2010

The City of Rockingham seeks to evaluate community comment and feedback on the issue of extended retail trading hours within the Rockingham area.

The City of Rockingham is currently classified as a Holiday Resort, allowing shops to open on Sunday during school holidays and long weekends (excluding Christmas Day, Easter Sunday and Anzac Day). If the City of Rockingham obtained approval to become a special trading precinct, retailers would be permitted to trade Sundays between 11am and 5pm. Retailers could choose if and when they wished to open within these hours. Retailers could not be forced to open if they did not wish to do so, under any circumstances.

To complete the survey please visit [www.rockingham.wa.gov.au](http://www.rockingham.wa.gov.au)

This survey will run from 18 August - 28 September. All feedback must be received by this time.

## Annual Beautiful Garden Competition Nominations Open

Date Published: 18/08/2010

The City of Rockingham is conducting its annual Beautiful Gardens Competition with nominations closing on Friday 15 October 2010.

Nominations can be from local residents, businesses and school representatives who may nominate their own gardens,

## Community Garden Expression of Interest

Expressions of Interest are sought from community members wishing to be part of the Community Gardens Committee.

The City of Rockingham is seeking community members who are enthusiastic and motivated. No previous knowledge or experience in gardening or on committee's required – full support will be offered to those interested in participating.

If you want to see a community garden come alive and be involved right from the start, please contact:

**Sally Lewis**  
Community Development Officer  
Phone: (08) 9528 0483  
Email: [sally.lewis@rockingha.wa.gov.au](mailto:sally.lewis@rockingha.wa.gov.au)  
Post: PO Box 2142 Rockingham DC 6967



a neighbour's garden, a local business, or school with some 10 different categories available to be nominated in. Categories include Tidy Street of the Year or Native/Water Conservation Garden - enter your garden or street and make Singleton proud! The nomination is available at [www.rockingham.wa.gov.au](http://www.rockingham.wa.gov.au).

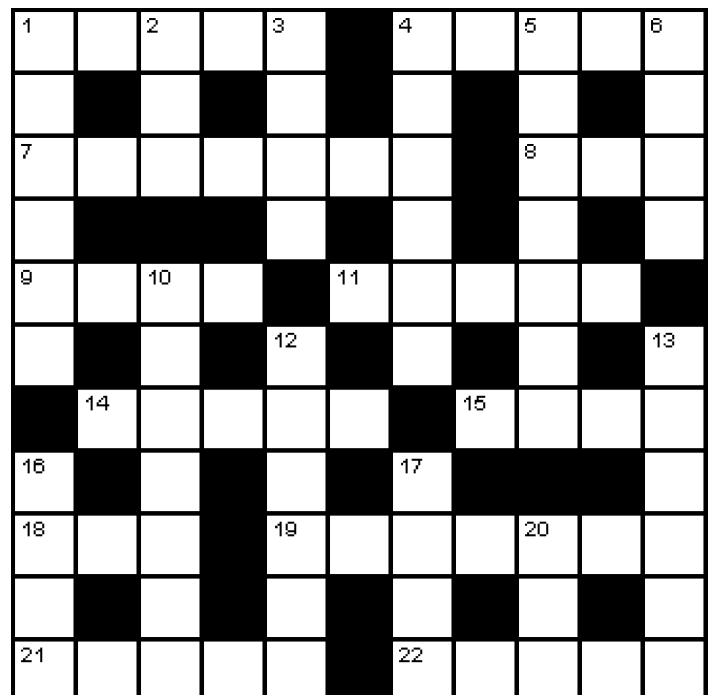
## Quick Crossword

### Down

1. Bird of prey (6)
2. Seize suddenly (3)
3. Tall story (4)
4. Attempting (6)
5. Dreamlike (7)
6. Level (4)
10. Vague (7)
12. Leave (6)
13. Forward-looking (6)
16. Monster (4)
17. Shopping precinct (4)
20. Writing fluid (3)

### Across

1. Comical (5)
4. One of the senses (5)
7. Freedom (7)
8. Regret (3)
9. Woodwind instrument (4)
11. Ire (5)
14. Valuable item (5)
15. Singing voice (4)
18. Large antelope (3)
19. Greed (7)
21. Force out (5)
22. Compare (5)



Solution on page 11

# Singleton Social Club Inc.

## Membership Application

Memberships are now due. If you wish to renew your membership or become a member of the Singleton Social Club for 2010/2011, please complete the attached application form and send to: The Secretary, Singleton Social Club, 21 Baudin Way, Singleton WA 6175.

It is our intention to continue with the ever popular Sundowners again this summer. Members will be advised of dates when finalised.

Name(s) \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

**Membership Fee: Family: \$10 Single: \$5**

*When ratified by the Membership Committee and registered, a numbered Membership Card will be issued.*

### Notes for New Members

Family Membership is limited to a family unit consisting of 2 adult persons and any children under the age of eighteen years. Children must at all times be supervised by their parents/guardians. Persons over the age of eighteen years are deemed to be adult for the purposes of club membership.

By becoming a member of the Singleton Social Club, you agree to abide by the constitution and by laws of the club as amended from time to time. A copy of the constitution is available on request.

### Community Hall Hire

Competitive rates available for function room hire call Heather Venn 9537 1791.

# Volunteers!



## CALLING ALL VOLUNTEERS

The SRA would like to carry out a survey during the last two weeks of September to ascertain the views of the community on a range of issues including this Newsletter, the new webpage, plans for a new sports/community centre, development of sand dunes into housing lots, festivities and things that affect our way of life.

We have around 1000 doors to knock on so we need as many volunteers as possible to lighten the load and to try to get the survey done over a couple of weekends.

If you would like to help please either ring on 0434 854 400 or email to: [singleton.editor@gmail.com](mailto:singleton.editor@gmail.com).

## COMET BAY BAPTIST CHURCH

9.30 - 10.30 SUNDAYS

*Helping Families*

Children's activities during Sunday service and mid-week bible study groups.



Family social activities.  
**Pastor Nicholas van Oudtshoorn**  
0424 284 777

JUST COME ALONG

COASTAL COMMUNITY HALL  
Tangadee Road, Golden Bay  
or ring Glenice Ginbey on 9537 2160



## MID-COAST CITY CHURCH

"RESTING OUR FAITH ON THE POWER OF GOD"

10am SUNDAY

COMET BAY PRIMARY SCHOOL  
MILTONIA DRIVE, SECRET HARBOUR

Pastors Ian & Denice Weaver 9523 0014

LIVE BAND • LIVING GOD • LOVING PEOPLE

# ALL WELCOME



# Singleton Sports

## Comet Bay Bowling, Social & Recreation Club

Lawrie Stanford Reserve, Cavender Street, Singleton

### New Season

The Match committee is preparing the fixtures for the new season 2010/11, and is busy getting together the dates and events for our fixture book, which will be out by Opening day.

### Opening Day

The main season will open on 12th September, with the Patrons Trophy Day. We are planning a morning round prior to a luncheon, followed by an afternoon round- more details next month.

### Open Family Day

Members of the community are invited to come to the club on 2nd October for a fun day for new players. So if you

have ever thought about bowls, here is the chance to have a go. The day kicks off with a game at 10am, followed by a sausage sizzle, and for those who wish, another game in the afternoon. Bowls will be provided, and players can play in flat soled shoes or bare feet. If you can't make the morning come at 1pm for a game- queries ring Wendy 9537 2029 or Brian 9537 3063.

### Community Bowls

Write down 12th November on your calendar for the start of this very popular series of six rounds, and look out for more details.

### Pennants

The selectors are asking players to place their on the board, as practice days

are soon to begin when teams will be chosen. Men's and Ladies first pennant matches are on 19th October, with the Sat Men's to start on 23rd October.

### Fundraising Events

The Ladies have been busy and are holding two Fundraising days at the Club. The first, a ladies Clothing Party, Undercover Wear, was held on Sat 28th August. A huge range of new season's clothing was available. The second event will be Tupperware Party on 4th September. For enquiries for both phone Jan 9537 3449

For further information ring

**President - Kevin Bowlay 9537 3542**

**Secretary - Wendy Kirkby 9537 2029**



## WE NEED YOU!!!!

SINGLETON CRICKET CLUB is looking to engage the services of someone with an interest in Cricket. This person would enjoy socialising with both senior and junior players and take on the role of Umpire at some of our games. Umpires are currently paid \$90 tax free for senior games, while junior games are unpaid. Free training can be provided.

When you hang your boots up there are still plenty of opportunities to take an active part in the Cricket Club and enjoy shaping the next generation of Sports Men and Women.

If you are interested, please contact Malcolm on 9537 1791 or e-mail [mandhvenn@westnet.com.au](mailto:mandhvenn@westnet.com.au)

**Players New & Old Welcome**  
**The Oval on Saturdays & Sundays -**  
**Juniors & Seniors**  
**Senior Training - Tuesday & Friday 5pm**  
**Juniors vary according to age**  
**For more info call Scott 0422 274 828**  
**<http://singoblues.wa.cricket.com.au>**



## Comet Bay Bowling, Social & Recreation Club

## Family Open Day

Sponsored by Helen Jones from  
Peel Hearing Services

**Saturday 2nd October 2010**  
**10am bowls and sausage sizzle**  
**\$3 per person**

We welcome members of the Community of all ages.  
We will supply bowls and a Sausage sizzle.  
Players wear casual dress and flat shoes or bare feet.

### Contact

**Brian Llewellyn 9537 3063**

**Wendy Kirkby 9537 2029**

**Cavender Street, Singleton**

# Recipe of the Month

## Spicy Lamb Cutlets with Cous Cous Salad

Lamb cutlets are an Aussie favourite, try this spicy recipe for something new.

Serves: 4

Cooking time: 10 minutes

### Ingredients

- 1½ teaspoons hot piri piri seasoning
- 2 teaspoons finely grated lemon rind
- ¼ cup lemon juice
- 2 garlic cloves, crushed
- 8 lean lamb cutlets, trimmed of all visible fat\*
- Gold'N Canola oil cooking spray\*

### Couscous salad

- 1 cup couscous
- 1 cup Birds Eye frozen sliced green beans\*
- 1 cup boiling water
- 2 green onions, thinly sliced
- 1 red capsicum, sliced
- 420g can Edgell four bean mix, drained, rinsed\*
- ¼ cup Praise extra virgin olive oil French vinaigrette\*

Make this meal even healthier by using Tick approved ingredients.

\*Products available with the Heart Foundation Tick. Remember all fresh fruit and vegetables automatically qualify for the Tick.

### Instructions

1. Combine seasoning, lemon rind, lemon juice and garlic in a large, shallow, glass or ceramic dish. Add lamb. Turn to coat. Refrigerate covered, for 15 minutes if time permits.
2. Spray a barbecue plate or chargrill with oil. Heat to medium-high. Cook lamb for 4 minutes each side for medium or until cooked to your liking. Remove to a plate. Cover with foil and set aside for 2 minutes.
3. To make couscous salad, place couscous and green beans in a heatproof bowl. Add boiling water. Cover and stand for 5 minutes or until liquid is absorbed. Stir with a fork to separate grains. Add onion, capsicum, four bean mix and vinaigrette. Season with pepper. Toss to combine. Serve lamb with couscous salad.

F	U	N	N	Y		T	A	S	T	E
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# Wildlife Assist

There is a lot of development going on in the Secret Harbour/Golden Bay area at the moment. Have you ever wondered what happens to all the wildlife that was living here? Some of it will inevitably end up dying under large machinery, but a lot of it will survive. As the area it once called home is slowly, or suddenly, removed the wildlife has to constantly find new habitat.

For some wildlife this may be reasonably easy, but in the majority of cases it isn't. Each time they lose territory the available area shrinks and they find themselves having to fight for survival with dwindling habitat and food resources.

The wildlife needs your help more than ever before and that's where we come in. Wildlife Assist is a non-profit incorporated organisation dedicated to the rescue, assessment, rehabilitation and, ultimately, release back into the wild of all our native wildlife. There are three ways you can do this

- Notify us if you find any injured, sick or abandoned wildlife.
- Become a home carer. We will train you and help you get set-up.
- "Adopt and sponsor" a native animal.

For more information on anyway you can help, please contact Doug on 9537 1621, Rescue Line 0400 904 016 or email [wawainc@bigpond.com](mailto:wawainc@bigpond.com)



## SINGLETON AND GOLDEN BAY TENNIS CLUB

CAVENDER STREET, SINGLETON

MEMBERSHIP: Single \$55, Family \$75 Juniors \$25

COURT HIRE: Day or night - \$8.00 / Hr.

RAQUET HIRE AVAILABLE

Social tennis Tuesdays 8.30am Summer.  
9.00am Winter.

Come on down, you're always welcome to play tennis

FOR ALL ENQUIRIES AND COURT HIRE  
PHONE 0406 816 813



# Singleton News

Are you a local community group and would like to contribute an article to this newsletter? If so email [singleton.editor@gmail.com](mailto:singleton.editor@gmail.com). All articles are due in the Wednesday before the last weekend of the month.

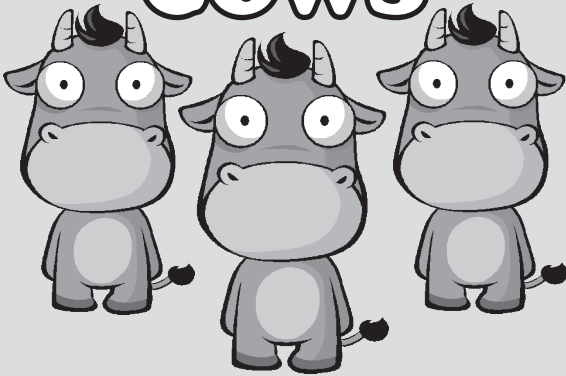
We hope you like the new look of the Singleton News, thank you to Louise for her graphic design skills and the time she has put in to putting this newsletter together.

**Natalie Lees**

## IMPORTANT NUMBERS

Emergency (Police, Fire, Ambulance)	000
Police Assistance	131 444
Crime Stoppers	1800 333 000
School Watch Security Patrol	1800 177 777
Graffiti Hotline	1800 44 22 55
City Safe Resource Centre	9592 4166
Ranger Services	9528 0303
Alinta Gas (Emergency)	13 13 52
Synergy (Electricity)	13 13 51
Water Corporation	13 13 75

## CRAFTY COWS



**Wednesday 15th September  
& Wednesday 20th October  
7-10pm at  
Comet Bay Bowling Club, Singleton**

Cost \$5

Light refreshments available

Card making, scrapbooking, sewing,  
all crafts welcome.

All profits to the Bowling Club  
towards their new green.

**Enquiries to Helen 9537 3608  
or Julie 9537 1635**

## Singleton Residents Association

**MEMBERSHIP OCTOBER 2010 TO SEPTEMBER 2011 - \$5 per household**

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Receipt required: YES NO

Please mail or deliver to Karl Roots, SRA Treasurer, 8 Bight Reef Road, Singleton WA 6175